## **Central Region**

To become a volunteer blood donor in the Central Region, drop in or call the Health Center Blood Bank in your area as follows:

### Riyadh

Hospital	Working Hours
Dallah Hospital - Tel (011) 299 5555, ext. 5875	8 a.m 5 p.m. Saturday to Thursday.
King Faisal Specialist Hospital and Research Center (KFSH) - Tel (011) 442-7222 Blood Donor center	8 a.m 5 p.m. Saturday to Wednesday.
National Guard Hospital – Tel (011) 801-1111, ext. 40160	8 a.m 4:50 p.m. Saturday to Wednesday.
Riyadh Care Hospital - Tel (011) 493-3000 ext. 1608	8 a.m 12 p.m. and 8 - 4 p.m. Saturday to Thursday.
Riyadh National Hospital - Tel (011) 476 1211 ext. 8241	8 a.m 12 p.m. and 8 - 4 p.m. Saturday to Thursday.
Saudi German Hospital - Tel (011) 268-5555, ext. 5733	8 a.m 1 p.m. and 10 - 5 p.m. Saturday to Thursday.

Note: Donors Must Come with National ID or Iqama.

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# **Western Region**

To become a volunteer blood donor in the Western Region, drop in or call the Health Center Blood Bank in your area as follows:

#### **Jeddah Area**

Hospital	Working Hours
Dr. Erfan and Bagedo Hospital - Tel (012) 603-8888, ext. 5214	10 - 11 a.m. and 5:30 p.m 6:30 p.m., Saturday to Thursday
King Faisal Specialist Hospital and Research Center (KFSH) Jeddah – Tel (012) 6698000 ext. 62993	8 a.m. – 5 p.m., Saturday to Wednesday, Donors can drop in at the "Blood Donor Center" located on the Ground Floor
King Fahad Hospital - Tel (012) 660-6111 ext. 2402	8:15 a.m. – 3 p.m., Saturday to Wednesday,
National Guard – Tel (012) 226-6666, ext. 1366	8:30 a.m. – 5 p.m., Saturday to Wednesday
Pediatrics & OB Hospital - Tel (012) 665-7040, ext. 2650	8:30 a.m. – 2 p.m., Saturday to Wednesday

#### Yanbu' Area

Hospital	Working Hours
Royal Commission Medical Center	8 a.m 2 p.m., Saturday to
- Tel (014) 393-7700 ext. 7769	Wednesday

Note: Donors Must Come with National ID or Igama.

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