## Classification: JHAH: Public

## Safe use of Isotretinoin

الإستخدام الأمن لدواء أيزوتريتينوين

## Do NOT take this medication if you are pregnant.

You must have pregnancy tests that show you are **NOT pregnant before starting this medication** and also for FIVE WEEKS after the last dose. Discuss with your doctor before starting this medication.

- There is a risk of malformations to the fetus/child if the mother is exposed to Isotretinoin during pregnancy. Isotretinoin use is strictly prohibited during pregnancy and breastfeeding.
- Do not take this drug if you are able to get pregnant and are not using effective birth control to prevent pregnancy. You must use birth control while taking this drug.
- If you are breast-feeding. Do not breast-feed while you take this drug. You may also need to avoid breast-feeding for some time after your last dose.

## What are some things I need to know or do while I take this medication?

Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related very serious effects:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Signs of depression, emotional ups and downs, abnormal thinking, anxiety.
- Signs of liver problems like dark urine, tiredness, decreased appetite, upset stomach or stomach pain, light-colored stools, throwing
  up, or yellow skin or eyes.